

Alturas Health and Safety Protocol and Screening for COVID-19

Information for visiting clients, suppliers, contractors, and visitors

Alturas is committed to maintaining a safe workplace for all our employees and all those who visit our site. Because of that, everyone who comes through our doors must receive prior approval from Alturas management, and adhere to certain protocols. All visitors must contact Alturas for approval at least two weeks prior to their visit (or as soon as possible after scheduling the visit). Alturas reserves the right to refuse entrance to anyone not following our guidelines.

Two Weeks Prior to Visit

At least two weeks before arrival at our facility (or as soon as possible after scheduling), Alturas requests that all visitors self-quarantine as much as possible:

- Practice social distancing (6+ feet between you and someone else), masking when necessary and minimizing contact time with others.
- Avoid contact with people not in your family group.
- Avoid large group gatherings (including eating indoors at restaurants, going to casinos, bars, gyms, weddings, nursing homes, etc.).
- Follow all CDC guidelines including social distancing of at least 6 feet, wearing a mask in public that covers your mouth and nose, washing your hands often, using hand sanitizer containing at least 60% alcohol and avoiding touching your face.
- Monitor your health daily. If you develop any common symptoms of COVID-19 including fever or chills, headache, cough, shortness of breath, fatigue, muscle or body aches, new loss of taste and smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea, contact Alturas immediately. Your visit may need to be rescheduled.

If traveling to Alturas by a form of group transportation (sharing a car with someone outside your household, bus, plane, train, etc.) we ask that you:

- Follow all CDC guidelines including distancing, masking, washing your hands often, using hand sanitizer containing at least 60% alcohol and avoiding touching your face.
- Try to sit with at least one seat between you and another person.
- Keep mask on during the entirety of your trip.

Alturas highly recommends wearing a KN-95 mask or double masking when exposed to large groups or when 6 feet of distancing cannot be maintained, and carrying wipes and/or hand sanitizer.

When visiting Alturas, you will be asked to attest that you do not have any COVID-19 symptoms or have recently been exposed to anyone with COVID-19 symptoms. Alturas guidelines may change according to regional infection rates, guidance by local health departments, ordinances by local government, and guidance by the CDC.

Upon Arrival at the Alturas facility

- You will be expected to attest to your health and to your willingness to follow Alturas protocols.
- You will be given a KN-95 mask. This must be worn properly and cover your nose and mouth at all times in the Alturas facility. For further information on properly wearing your mask please visit: <https://youtu.be/adB8RW4I3o4>
- Immediately wash your hands each time you enter the facility and continue to frequently wash your hands or use hand sanitizer during your time at the facility.
- Immediately inform Alturas if you develop symptoms at the facility.
- Practice social distancing of at least 6 feet from Alturas employees.

At the Alturas facility, we have been operating as usual under precautions which exceed City of Moscow distance and masking guidelines and following the CDC's guidance on COVID-19. Spatial separation, use of masks, temperature monitoring, air purification and fresh air circulation, daily cleaning, and self-isolation when warranted, have been in practice since March 2020.

Alturas COVID-19 Attestation

I have not tested positive for COVID-19.

I am not experiencing any COVID-19 symptoms listed by the CDC (fever or chills, headache, cough, shortness of breath, fatigue, muscle or body aches, new loss of taste and smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea). See list of symptoms here: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

I have not been in contact with someone who has tested positive for COVID-19.

While in public, I have maintained at least 6 feet of physical distance from others, limited my time with others, worn a face covering, and practiced good hand hygiene.